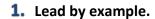






## **GUIDELINES INDIVIDUAL SPORTS:**

## **FAMILIES**



- 2. The referee deserves maximum respect.
- 3. Give your support and get involved.
- 4. Make your son or daughter feel special.
- 5. Encourage and reinforce what your child learns.
- 6. Send out "good vibes".
- 7. Value effort and learning.
- 8. Reinforce good behaviour; there are other options besides punishment.
- 9. Listen to what your children have to say.
- 10. Remember that our boys and girls are not mini professionals.











