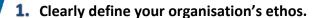






GUIDELINES INDIVIDUAL SPORTS:

BOARD OF DIRECTORS



- 2. Steer your organisation towards training and education.
- 3. Write down the organisation's regulations: internal rules, ethics, sports programme, etc.
- 4. Make sure all the coaches have the necessary technical training.
- 5. Make sure that all the coaches have received specific training in values-based teaching through sport.
- Support as many campaigns and projects as possible that promote civic values in sport.
- 7. Organise competitions and match play (challenge and improvement).
- 8. Encourage good practices and actions of any club member.
- 9. Always apply the rule of the three C's: "Be Consistent, Constant and Coherent".
- 10. Find ways to bring the coaches of your club or organisation and the players' families together.











